

**LKOKUL**

**1. SINIF**

**SINIF REHBERLİK**

**PROGRAMI KAZANIMLARI**

## 1. SINIF

| GELİŞİM ALANLARI        | YETERLİKLER                    | KAZANIM SAYISI | LENECEK HAFTA SAYISI |
|-------------------------|--------------------------------|----------------|----------------------|
| Akademik Gelişim        | Okula ve Okulun Çevresine Uyum | 5              | 6                    |
|                         | Eğitsel Planlama ve Bazarı     | 4              | 4                    |
|                         | Akademik Anlayış ve Sorumluluk | -              | -                    |
| Kariyer Gelişimi        | Kariyer Farkındalığı           | 3              | 5                    |
|                         | Kariyer Hazırlığı              | -              | -                    |
|                         | Kariyer Planlama               | -              | -                    |
| Sosyal Duygusal Gelişim | Kişisel Güvenliliğini Sağlama  | 6              | 7                    |
|                         | Benlik Farkındalığı            | 2              | 2                    |
|                         | Kişiler Arası Beceriler        | 5              | 5                    |
|                         | Duyguları Anlama ve Yönetme    | 3              | 4                    |
|                         | Karar Verme                    | 2              | 2                    |
| Tüm Alanlar             |                                | 1              | 1                    |
| TOPLAM                  |                                | 31             | 36                   |

1. SINIF

| İeni Sırası | Hafta Sayısı | KAZANIMLAR   | Geli im Alanı         | Yeterlik                                | Açıklama   |
|-------------|--------------|--|-----------------------|---|--|
| 1.          | 3"           | Qmwnc"dc nc o c {c"knk mkp"fw { i wnct,p,"kbc fg"fggt0"                      | Cmcf g o km"          | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W { w o " | "  |
| 2.          | 4"           | Qmwnwp"d¼nÃ o ngtkpk"xg"qmwnfc"±cn, cp"rgtuqpgnk"<br>vcp,t0"                 | Cmcf g o km"          | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W { w o " | "  |
| 3.          |              |  |                       |   |  |
| 4.          | 3"           | Qmwnwp" { cm,p,pfcmk"±gxtg {k"vcp,t0"  | Cmcf g o km"          | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W { w o " | "  |
| 5.          | 3"           | Mwtennct,p" {c c o ,"mqnc {nc v,tcec ,p,"hctm"fggt0"                         | Uqu {cn" Fw { i wucn" | Mk kugn" I Ãxgpnk kpk"<br>Uc nc o c"    | "  |
| 6.          | 3"           | Qmwnfcmk"tkumnk"qncdkngegm"fwto ."qtvc o "xg"<br>fextcp, nct,"c±,mnct0"      | Cmcf g o km"          | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W { w o " | ¥cn, cp"Uc n, ,"xg" " I Ãxgpnk k"<br>Mwtwnwpwp"vcp, o ncf, ,"tkumngt"knng"<br>qmwnfc"xg"±gxtgukpfg"±qewmnct,p"<br>{c c o nct,p,"vgj fkv"gfgp"tkumnk"fwto "<br>*fwxctc"v,t o c p o c." i Ãxgpnk"qn o c {cp"<br>i, fcnc,"cn o c"xd0+"xg"qtvc o nct"*±c { "<br>qec ,."mcpvkp" k±k."dqftw o "mcvnc"xd0+ "<br>Ã   gtkpfg"fwtnwt0" |
| 7.          | 3"           | I ÃpnÃm" {c c o fc" {crv, ,"vgtekjngtk" c±,mnct0"                            | Uqu {cn" Fw { i wucn" | Mctct"Xgt o g"                          | "  |
| 8.          | 3"           | I ÃpnÃm" {c c o fc" {crv, ,"vgtekjngtk"gvmkng {gp"<br>hcmv¼tngtk"hctm"fggt0" | Uqu {cn" Fw { i wucn" | Mctct"Xgt o g"                          | "  |
| 9.          | 3"           | [ c c o ,pfcmk"tqn"xg"uqtw o nwnwmnct,pc"¼tpgm"xgkt0"                        | Uqu {cn" Fw { i wucn" | Dgpnkm"Hctm,pfcn, ,"<br>"               | "  |
| 10.         | 3"           | Jgt"±qew wp"jcm"xg"uqtw o nwnwmnct,p,p"qnfw wpw"                             | Uqu {cn" Fw { i wucn" | Mk kngt"Ctcu,"                          | "  |

"

|     |    |   |                          |   |   |
|-----|----|---|--------------------------|---|---|
|     |    | dknkt0''''  |                          | Dgegtkngt"                                |   |
| 11. | 3" | Hk   kmugn <sup>3/4</sup>   gnmkmngtkpk"u <sup>3/4</sup> {ngt0''''  | Uqu {cn" Fw { i wucn'''' | Dgpnkm"Hctm,pfcn, , ''''                  | "   |
| 12. | 3" | Dktg {ngtkp" dktdktkpfgp"hk   kmugn" c±, fcp" hctm,n, , p,p" fq cn" qnfw wpw" dknkt0''  | Uqu {cn" Fw { i wucn'''' | Mk kngt" Ctcu, " Dgegtkngt"               | "   |
| 13. | 3" | [ cm,p" ±gxtgukpfgmk"mk kngtkp" o gungmngtkpk"vcp,t0''  | Mctk {gt''''             | Mctk {gt" Hctm,pfcn, , ''                 | "   |
| 14. | 3" | [ c cf, , "fw { i wnct, "hctm" gfgt0''''  | Uqu {cn" Fw { i wucn''   | Fw { i wnct, "Cpnc o c" xg" [ 3/4pgv o g" | "   |
| 15. | 4" | Fw { i wnct,p" w { i wp" qncp" xg" qn o c {cp" khc fg" gv o g" dk±k o ngtkpk" c {, tv" gfgt0''''  | Uqu {cn" Fw { i wucn''   | Fw { i wnct, "Cpnc o c" xg" [ 3/4pgv o g" | "   |
| 16. |    |   |                          |   |   |
| 17. | 3" | Fw { i wnct,p" = dgfgp" fknk {ng. " fcxtep, nct" xg" {c cpcp" qnc {nctnc" knk mkukpk" mwtct0''  | Uqu {cn" Fw { i wucn'''' | Fw { i wnct, "Cpnc o c" xg" [ 3/4pgv o g" | "<br>"<br>"   |
| 18. | 4" | Qmwn" k±k pfg" xg" f, , pfc" {cr o cmvcp" jq ncpf, , " gvmkpnkmngtk" hctm" gfgt0''''  | Mctk {gt''''             | Mctk {gt" Hctm,pfcn, , ''                 | 30" J chvc<" Qmwn" k±k pfg" {cr, ncp" gvmkpnkmngtg" qfcmncp, n, t0''  |
| 19. |    |   |                          |   | 40" J chvc<" Qmwn" f, , pfc" {cr, ncp" gvmkpnkmngtg" qfcmncp, n, t0'' |
| 20. | 3" | ngvk k o fg" fkpng o g" xg" mqpw o c" dgegtkukpk" gvmknk" dkt" gmknfg" mwncp, t0''<br>"   | Uqu {cn" Fw { i wucn'''' | Mk kngt" Ctcu, " Dgegtkngt"               | "   |
| 21. | 4" | { knkm" j -nk" *k {k" j -n fg" qn o cm+ "k±k" dgungp o g." vgo k   nkm. " w {mw. " fkpngp o g" xg" hk   kmugn" gi   gtuk   kp" 3/4pg o kpk" hctm" gfgt0'''' | Uqu {cn" Fw { i wucn'''' | Mk kugn" I Åxgpnk kpk" Uc nc o c"         | "   |
| 22. |    |   |                          |   |   |
| 23. | 3" | Qmwnwpwp" xg" u, p, h, p, p" dkt" Å {guk" qnfw wpw" hctm" gfgt0''   | Cmcfgo km''''            | Qmwnc" xg" Qmwnwp" ¥gxtgukpg" W {wo''''   | "   |

"

|     |    |   |                  |                                     |  |
|-----|----|---|------------------|-------------------------------------|--|
| 24. | 3" | Dktg{ugn"yg"i twrnc"±cn, ,t0"   | Cmcfgo km"       | G kvugn"Rncpnc oc"yg"<br>Dc ct,"    | "  |
| 25. | 3" | U¾ gn."i¾tugn"yg" {c ,n,"{¾pgtigngtk"k ngt0"  | Uqu{cn"Fw{iwucn" | Mk kugn" I Åxgpnk kpk"<br>Uc nc oc" | "  |
| 26. | 3" | G kvugn"gvmpknmngtfg" {¾pgtigngtk"k ngt0"   | Cmcfgo km"       | G kvugn"Rncpnc oc"yg"<br>Dc ct,"    | "  |
| 27. | 3" | Mk kugn"i Åxgpnk k"±kp"ð Jc{,t#ö"fgogpkp"<br>igtgmknk kpk"±,mnc t0"   | Uqu{cn"Fw{iwucn" | Mk kugn" I Åxgpnk kpk"<br>Uc nc oc" | "  |
| 28. | 3" | Mk ofgp."pgtgfgp."pg" c ocp"yg"pcu,n" {ctf, o"<br>kuvg{gdkggeg kpk"dknt0"<br>"                                | Uqu{cn"Fw{iwucn" | Mk kugn" I Åxgpnk kpk"<br>Uc nc oc" | Dw"mc cp, o"qmwn"tgjdgtnkm¾ tgvogpk"<br>vctch,pfcp"w{iwncp,t0"   |
| 29. | 3" | [c cf, , ±gxtg{k"mqtwt0"  | Uqu{cn"Fw{iwucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"        | Q{wp"q{pcf, ,.¾ tgpog" {c cpv,u,"<br>ig±ktfk k."gx" {c co,"ikdk"±gxtgngt"<br>qfcmncp,n,t0"                 |
| 30. | 3" | Q{wp"yg"gvmpknmngtkp"co ce,p,p"g ngpogm"<br>qnfw wpw"hctm"fgft0"  | Uqu{cn"Fw{iwucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"        | "  |
| 31. | 3" | G kvugn"gvmpknmngtfgmk"dc ct,u, n,mnc t,p¾ tgpog"<br>uÅtgekp"dk"rct±cu,"qnfw wpw"mcdwn"fgft0"                 | Cmcfgo km"       | G kvugn"Rncpnc oc"yg"<br>Dc ct,"    | G kvugn"gvmpknmngtfg"jcv" {crocp,pl"<br>dc ct,u,  "qno cp,p¾ tgpog"uÅtgekp"<br>rct±cu,"qnfw w"xwtiwncp,t0" |
| 32. | 3" | .. tgpog"uÅtgepfg"fgpg{k ongf k"<br>dc ct,u, n,mnc t,p"Åvugkpgp"ignogm"±kp"htmn,"<br>±¾  Åo" {qmnc t,"fgpgt0" | Cmcfgo km"       | G kvugn"Rncpnc oc"yg"<br>Dc ct,"    | "  |
| 33. | 4" | Jgt"ogung kp"vqrno uc" {c coc"mvm,u,"qnfw wpw"<br>hctm"fgft0"   | Mctk{gt"         | Mctk{gt"<br>Hctm,pfcn, ,"           | "  |
| 34. |    |   |                  |                                     |  |
| 35. | 3" | Dknk ko"vgmpqnlkngtkpkp"mwncp, o"co c±nc t,p,"hctm"<br>fgft0"   | Uqu{cn"Fw{iwucn" | Mk kugn" I Åxgpnk kpk"<br>Uc nc oc" | "  |

"

|     |    |  |                 |  |   |
|-----|----|--|-----------------|--|---|
| 36. | 3" | U,p,h"tgjdgtnkm"rtqitco,"<br>gvmkpnkmngtkpgl{c cpv,nct,pc"knk mkp"fw{ iw"yg"<br>fÃ Åpegngtkpk"{cpu,v,t0" | " VÃo "Cncpact" |  | [cpu,voc<"FÃ ÃpÃr"vc ,poc."<br>fgtkpng o gukpg"fÃ Åpog."vghgmmÃt."<br>hkmkt"Ãtgv o g"yg" o Ãvnccef,t0"<br>.. tgpekngtkp"uÃtgek"yg"mgpfkngtkpk"<br>fg gtnp fkt o gngtkpg"qfcmncp,n,t0" |
|     | 36 |  |                 |  |   |

"

**2. SINIF**

**SINIF REHBERLİK**

**PROGRAMI KAZANIMLARI**



## 2. SINIF

| GELİŞİM ALANLARI        | YETERLİKLER                       | KAZANIM SAYISI | LENECEK HAFTA SAYISI |
|-------------------------|-----------------------------------|----------------|----------------------|
| Akademik Gelişim        | Okula ve Okulun Çevresine Uyum    | 2              | 2                    |
|                         | Eğitsel Planlama ve Değerlendirme | -              | -                    |
|                         | Akademik Anlayış ve Sorumluluk    | 5              | 6                    |
| Kariyer Gelişimi        | Kariyer Farkındalığı              | 4              | 8                    |
|                         | Kariyer Hazırlığı                 | -              | -                    |
|                         | Kariyer Planlama                  | -              | -                    |
| Sosyal Duygusal Gelişim | Kişisel Güvenliliğini Sağlama     | 3              | 4                    |
|                         | Benlik Farkındalığı               | 4              | 4                    |
|                         | Kişiler Arası Beceriler           | 6              | 7                    |
|                         | Duyguları Anlama ve Yönetme       | 3              | 3                    |
|                         | Karar Verme                       | 1              | 1                    |
| Tüm Alanlar             |                                   | 1              | 1                    |
| TOPLAM                  |                                   | 29             | 36                   |

## 2. SINIF

| İeni Sırası | Hafta Sayısı | KAZANIMLAR  | Gelişim Alanı         | Yeterlik                               | Açıklama   |
|-------------|--------------|---|-----------------------|--|--|
| 1.          | 3"           | Qmwñwp"mgp fkuk"±kp "¼pg o kpk"±,mñct0"   | Cmcf g o km""         | Qmwñc"×g"Qmwñwp" ¥gxtgukpg"W{w o "     | "  |
| 2.          | 3"           | Qmwñ"×g"u,p,h"mwteññct,pc"wn o cf, ,pfc"qtvc{c" ±,mcdkñgegm"uqp±ñct,"vctv, ,t0" | Cmcf g o km""         | Qmwñc"×g"Qmwñwp" ¥gxtgukpg"W{w o ""    | "  |
| 3.          | 4"           | Qmwñ"j c   ,tn, ,pc"knk mkp"uqtw o nwnwmñct,p,"Äuvñgpkñt0""                     | Cmcf g o km""         | Cmcf g o km" Cpñc{, " ×g"Uqtw o nwnwm" | 30" J chvc<"Mk kugn" g {ñct,"j c   ,tñc o cu,pc" qfcmñcp,n,t0"   |
| 4.          |              |   |                       |  | 40" J chvc<"G kvugn"uqtw o nwnwmñct,pc" qfcmñcp,n,t0"  |
| 5.          | 3"           | I ÄpnÄm" {c c o fc" {crv, , "vgtekjñgk"gvñkñg {gp" hcñv¼tñgk"ñctm" gfgt0"       | Uqu {cn" Fw {i wucñ"" | Mctct"Xgt o g"                         | "  |
| 6.          | 3"           | Uqu {cn"knk mñkñgkpf g"pg   cmgv"khc fgñgk"mwññcp,t0"                           | Uqu {cn" Fw {i wucñ"  | Mk kñgt"Ctcu," Dgegtkñgt"              | ðVg gmmÄt"gv o g."k   kp"kuvg o g."¼   Ät" fñg o gö"mqpwñct,pc"qfcmñcp,n,t0"   |
| 7.          | 3"           | Fw {i wñct,p"kpucp" {c c o , "±kp"¼pg o kpk"ñctm" gfgt0"                        | Uqu {cn" Fw {i wucñ"" | Fw {i wñct," Cpñc o c" ×g" [¼pgv o g"  | "  |
| 8.          | 3"           | U,p,hvc"u¼   "kuvg {gtgm" fÄ Äpegñgkpk"khc fg"gv o g {g" kuvgñk"qñwt0"          | Uqu {cn" Fw {i wucñ"  | Mk kñgt"Ctcu," Dgegtkñgt"              | I gpñc"cpñc o fc"dktg {kp"mgp fkukpk"±,m"×g" pgv"qñctcm"khc fg"gv o guk"cpñc o ,pc" i gn o gmvñg"qñcp" <b>güvengñlik</b> "dc ñc o ,pfc" gñg"cn,p,t0" |
| 9.          | 3"           | .. tgp o g"gvñkpnkñgktpg"mcv,ñ o c {c" kuvgñk"qñwt0"                            | Cmcf g o km""         | Cmcf g o km" Cpñc{, " ×g"Uqtw o nwnwm" | "  |
| 10.         | 3"           | Ctmfcñct,p,p"qñw o nñ¼   gñkñgkpk"vcñfkt" gfgt0"                                | Uqu {cn" Fw {i wucñ"" | Mk kñgt"Ctcu," Dgegtkñgt"              | "  |

"

|     |    |   |                    |                                  |  |
|-----|----|---|--------------------|----------------------------------|--|
| 11. | 3" | I twr"±cn, o cnet,pfc"mcv,n, o e,nct,"fknpgt0"  | Uqu{cn"Fw{i wucn"" | Mk kngt"Ctcu,"<br>Dgegtkngt"     | "  |
| 12. | 4" | Dktg{ngtkp"dktdtkpfgp"hk kmugn"xg"mk knkm"¾ gnkmngtk"   | Uqu{cn"Fw{i wucn"" | Mk kngt"Ctcu,"<br>Dgegtkngt"     | "  |
| 13. |    | c±,u,pfcp"hctm,n, ,p,p"fq cn"qnfw wpw"dknkt0""  |                    |                                  |  |
| 14. | 4" | Mk kugn"iÃxgpnk k"±kp"mk kugn"cnepct,p"igtgmknk kpk"  | Uqu{cn"Fw{i wucn"" | Mk kugn"iÃxgpnk kpk"<br>Uc ncoc" | Dw"mc cp, o"qmwn"tgjdgtnkm"¾ tgv o gpk"<br>vctch,pfcp"w{i wncp,t0"   |
| 15. |    | "   |                    |                                  |  |
| 16. | 4" | Qmwn"±kpfq"xg"f, ,pfc"{crocmvcp"jq ncpf, ,"<br>gvmkpnkmngtg"hctm"fgt0""                                   | Mctk{gt""          | Mctk{gt"<br>Hctm,pfcn, ,"        | 30" J chve<"Qmwn"±kpfq"jq ncpf, ,"<br>gvmkpnkmngtg"qfcmncp,n,t0"<br>40" J chve<"Qmwn"f, ,pfc"jq ncpf, ,"<br>gvmkpnkmngtg"qfcmncp,n,t0" |
| 17. |    |   |                    |                                  |  |
| 18. | 3" | Jcvc"{crv, ,pfc"vgnchk"gvog"{qnct,p,"mwncp,t0"  | Uqu{cn"Fw{i wucn"  | Mk kngt"Ctcu,"<br>Dgegtkngt"     | "  Ãt"fkngog{g"qfcmncp,n,t0"   |
| 19. | 3" | {knkm"j-nk"±kp"dgungpog."vgok nkm."w{mw."fknpgpog"<br>xg"hk kmugn"gi gtuk kp"¾pgokp"¾tpgmngtng"c±,mnct0"" | Uqu{cn"Fw{i wucn"" | Mk kugn"iÃxgpnk kpk"<br>Uc ncoc" | "  |
| 20. | 4" | Vcp,f, , "ogungmngtkp"¾ gnkmngtkpk"c±,mnct0""   | Mctk{gt""          | Mctk{gt"<br>Hctm,pfcn, ,"        | "  |
| 21. |    |   |                    |                                  |  |
| 22. | 4" | Jgt"ogung kp"vqrnwoucn"{ccoc"mcvm,u,"qnfw wpw"<br>hctm"fgt0"  | Mctk{gt""          | Mctk{gt"<br>Hctm,pfcn, ,"        | "  |
| 23. |    |   |                    |                                  |  |
| 24. | 3" | Dc ct,n,"qnfw w"fwtwonctc"knk mkp"¾tpgmngt"xgkt0""  | Uqu{cn"Fw{i wucn"" | Dgpnkm"Hctm,pfcn, ,""            | "  |
| 25. | 4" | Qmwn"±kpfq"xg"f, ,pfc"mcv,nf, , "gvmkpnkmngtfg"<br>{crckn fkmngtkpk"hctm"fgt0""                           | Mctk{gt""          | Mctk{gt"<br>Hctm,pfcn, ,"        | 30" J chve<"Qmwn"±kpfq"{cr,nep"gvmkpnkmngtg"<br>qfcmncp,n,t0"<br>40" J chve<"Qmwn"f, ,pfc"{cr,nep"<br>gvmkpnkmngtg"qfcmncp,n,t0"       |
| 26. |    | "   |                    |                                  |  |

"

|     |    |   |                    |   |   |
|-----|----|---|--------------------|---|---|
| 27. | 3" | Fw{ i wnct,p"±g kvknk kpk"hctm"fgft0"   | Uqu{cn"Fw{ i wucn" | Fw{ i wnct,"Cpnc o c"<br>xg" [ ¾pgv o g"  | "   |
| 28. | 3" | Vqrnw o ucn"tqn"xg"uqtw o nwnwmnct,p"¾pg o kpk"hctm"<br>gfgt0"  | Uqu{cn"Fw{ i wucn" | Dgpnkm"Hctm,pfcn, ,"                      | "   |
| 29. | 3" | I Ñ±ñÑ"xg"i gnk vktkn o guk"i gtgmgp"¾ gnkmngtkpk"hctm"<br>gfgt0"                                       | Uqu{cn"Fw{ i wucn" | Dgpnkm"Hctm,pfcn, ,"                      | "   |
| 30. | 3" | Dc ct o cm"±k±p"±cn, o cp,p"igtgmknk kpk"hctm"fgft0"<br>"   | Cmcf g o km"       | Cmcf g o km"Cpnc {, "<br>xg"Uqtw o nwnwm" | "   |
| 31. | 3" | I gngeg g"knk mkp"jc{cnngtkpk"khcfg"fgft0"  | Uqu{cn"Fw{ i wucn" | Dgpnkm"Hctm,pfcn, ,"                      | "   |
| 32. | 3" | Dknk ko "vgmpqnqkngtkpk"mwncp o cp,p"{c co,pc"<br>mcvm,nct,p,"c±,mnct0"                                 | Uqu{cn"Fw{ i wucn" | Mk kugn" I Ñxgpnk kpk"<br>Uc nc o c"      | "   |
| 33. | 3" | Dc menct,p,p"{c cf, ,"fw{ i wnct,"hctm"fgft0"   | Uqu{cn"Fw{ i wucn" | Fw{ i wnct,"Cpnc o c"<br>xg" [ ¾pgv o g"  | "   |
| 34. | 3" | ¨ tgp o g"gvmpknkmngtkpg"{¾pgnkm"fw{ i w"xg"<br>fÑ Ñpegngtkpk"khcfg"fgft0"                              | Cmcf g o km"       | Cmcf g o km"Cpnc {, "<br>xg"Uqtw o nwnwm" | "   |
| 35. | 3" | ¨ tgp o g"qtvc o nct,pc"knk mkp"fw{ i w"xg"<br>fÑ Ñpegngtkpk"khcfg"fgft0"                               | Cmcf g o km"       | Cmcf g o km"Cpnc {, "<br>xg"Uqtw o nwnwm" | Gx."qmwn."u,p,hvcmk"¾ tgp o g"qtvc o nct,pc"<br>qfcmncp,n,t0"   |
| 36. | 3" | U,p,h"tgjdgtnkm"rtqitc o,"gvmpknkmngtkpgl{c cpv,nct,pc"<br>knk mkp"fw{ i w"xg" fÑ Ñpegngtkpk"{cpu,v,t0" | "                  | VÑ o "Cncpnet"                            | [cpu,v o c" fÑ ÑpÑr"vc ,p o c."<br>fgtkpng o gukpg" fÑ Ñp o g."vghgmmÑt."hkmkt"<br>Ñtg v o g"xg" o Ñvcncf,t0"<br>¨ tgpekngtkp"uÑtgek"xg"mgpfkngtkpk"<br>fg gtngpfkt o gngtkpg"qfcmncp,n,t0" |
|     | 36 |   |                    |   |   |

**3. SINIF**

**SINIF REHBERLİK**

**PROGRAMI KAZANIMLARI**

### 3. SINIF

| GELİŞİM ALANLARI        | YETERLİKLER                      | KAZANIM SAYISI | LENECEK HAFTA SAYISI |
|-------------------------|----------------------------------|----------------|----------------------|
| Akademik Gelişim        | Okula ve Okulun Çevresine Uyum   | 1              | 1                    |
|                         | Emisyonel Planlama ve Bağımlılık | 4              | 4                    |
|                         | Akademik Anlayış ve Sorumluluk   | 4              | 4                    |
| Kariyer Gelişimi        | Kariyer Farkındalık 1            | 5              | 6                    |
|                         | Kariyer Hazırlık 1               | -              | -                    |
|                         | Kariyer Planlama                 | -              | -                    |
| Sosyal Duygusal Gelişim | Kişisel Güvenliliğini Sağlama    | 3              | 3                    |
|                         | Benlik Farkındalık 1             | 4              | 5                    |
|                         | Kişiler Arası Beceriler          | 5              | 7                    |
|                         | Duyguları Anlama ve Yönetme      | 3              | 3                    |
|                         | Karar Verme                      | 2              | 2                    |
| Tüm Alanlar             |                                  | 1              | 1                    |
| TOPLAM                  |                                  | 32             | 36                   |

### 3. SINIF

| İeni Sırası | Hafta Sayısı | KAZANIMLAR  | Geli im Alanı      | Yeterlik                               | Açıklama  |
|-------------|--------------|---|--------------------|--|---|
| 1.          | 3"           | Qmwnc"knk mkp"fw{ iw"yg" fÃ Ãpegnktpk"khc"fg"fgt0"                    | Cmcfgo km"         | Qmwnc" yg" Qmwncwp" " ¥gxtgukpg"W{wo " | "   |
| 2.          | 3"           | Qmwnc"jc ,tn,mn,"ignog"knk"cmcfgo km"ignk k o k" ctcu,pfc"dc "mwtct0" | Cmcfgo km" "       | Cmcfgo km" Cpnc{, " xg"Uqtw o nwnwm"   | "   |
| 3.          | 3"           | Mctcmvgt"i Ã±ngtkpkp"¾pg o kpk" c±,mnct0"                             | Uqu{cn" Fw{ iwucn" | Dgpnkm"Hctm,pfcn, ,"                   | "   |
| 4.          | 4"           | Ucjk r"qnfw w"mctcmvgt"i Ã±ngtkpk"hctm"fgt0"                          | Uqu{cn" Fw{ iwucn" | Dgpnkm"Hctm,pfcn, ,"                   | 30 J chvc<"Mctcmvgt"i Ã±ngtk" mcruco ,pfc"Ã±"gtfg o "vcp,v,nctcm" xwti wncp,t0" |
| 5.          | "            | "   | "                  | "                                      | 40 J chvc<"Mctcmvgt"i Ã±ngtkpfgmk"fk gt" Ã±"gtfg o "vcp,v,nctcm"xwti wncp,t0"   |
| 6.          | 3"           | [ crcec , "dkt" k kp"pg"mcfct"uÃtgeg kpk"vcj o kp" gfgt0"             | Cmcfgo km"         | G kvugn"Rncpnc o c"yg" Dc ct,"         | "   |
| 7.          | 3"           | Rtqdn go "±¾ gtmgp"dc xwtfw w" {qmnct,"c±,mnct0"                      | Uqu{cn" Fw{ iwucn" | Mctct"Xgtog"                           | "   |
| 8.          | 3"           | Rtqdn go "±¾ og"dcuc o cmnct,p,"c±,mnct0"                             | Uqu{cn" Fw{ iwucn" | Mctct"Xgtog"                           | Dgp"Uqtwp"¥¾ gdknkto " o qfgnk"vg o gn" cn,p,t0"                                |
| 9.          | 3"           | Mgpfkuk" k±kp" xgto nk"¾ tgpog"yg"±cn, oc" mq wncp,p,"qnw vwtwt0"     | Cmcfgo km"         | G kvugn"Rncpnc o c"yg" Dc ct,"         | "   |
| 10.         | "3"          | Vcm, o "±cn, o cnct,p,p"mk kugn"ignk k o kpg"gvknktpk" hctm"fgt0"     | Uqu{cn" Fw{ iwucn" | Mk kngt"Ctcu," Dgegtkngt"              | "   |

"

|     |    |  |                   |                                      |   |
|-----|----|--|-------------------|--------------------------------------|---|
| 11. | 3" | Qmwn"±kpf"fg"yg"fg", ,pfc"mcv,nf, , "gvmkpnkmngtfg"<br>{credknfkmngtkpk"hctm"gfgt0"                                | Mctk{gt"          | Mctk{gt"<br>Hctm,pfcn, , "           | "   |
| 12. | 3" | Qmwn"±kpf"gm"yg"fg", ,pfc"gm"kvugn"yg"uqu{cn"<br>gvmkpnkmngt"mcv,nocp,p"ignk k okpg"mcvm,nct,p,"<br>fg gtngpfkkt0" | Cmcfgo km"        | Cmcfgo km"Cpnc{, "<br>yg"Uqtwonwnwm" | "   |
| 13. | 4" | Dktg{ugn"hctmn,n,mnct,"mcdwn"gfgt0"  | Uqu{cn"Fw{i wucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"         | "   |
| 14. |    |  |                   |                                      |   |
| 15. | 4" | ¥cn, oc"yg"Átgvo gpkp"mgpfkuk"±k"¼pgokp"hctm"<br>gfgt0"<br>"   | Mctk{gt"          | Mctk{gt"<br>Hctm,pfcn, , "           | Jgo"gyfg"jgo"qmwnfc{crv, , "<br>gvmkpnkmngt"xwtiwncp,t0"  |
| 16. |    |  |                   |                                      |   |
| 17. | 4" | Ctmcfcn,m"knk mngtkpfg"{c cf, , "uqtwpnct,"{cr,e,"<br>{qnnctnc"±¼ gt0"   | Uqu{cn"Fw{i wucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"         | 30" Jchvc<"Mgpfk"uqtwp"±¼ og"<br>{qnnct,pc"qfemncp,n,t0"<br>40" Jchvc<"[cr,e,"{qnnctc"qfemncp,n,t0" |
| 18. |    |  |                   |                                      |   |
| 19. | 3" | Fwto"yg"qnc{nct,p"dktg{ngtkp"fw{iwnct,pc"<br>gvmkukpk"hctm"gfgt0"  | Uqu{cn"Fw{i wucn" | Fw{iwnct,"Cpncoc"<br>yg"[¼pgvog"     | "   |
| 20. | 3" | Fw{iwnct,p,"w{iwp"dk±kofg"khcf"gfgt0"  | Uqu{cn"Fw{i wucn" | Fw{iwnct,"Cpncoc"<br>yg"[¼pgvog"     | "   |
| 21. | 3" | Cmcfgo km"±cn, ocnctfc"ignk vktknoguk"igtmgp"<br>{¼pngtkpk"hctm"gfgt0"   | Cmcfgo km"        | Gkvugn"Rncpncoc"yg"<br>Dcct,"        | "   |
| 22. | 3" | Cmcfgo km"±cn, ocnct,pfc"jkvk{c±"fw{fw wpcf"<br>{ctf, o"ctct0"   | Cmcfgo km"        | Cmcfgo km"Cpnc{, "<br>yg"Uqtwonwnwm" | "   |
| 23. | 3" | Ucpcvucn"yg"urqtkh"gvkpnkmngtfgp"jqncpf,mnct,p,"<br>c{,tv"gfgt0"   | Mctk{gt"          | Mctk{gt"<br>Hctm,pfcn, , "           | "   |
| 24. | 3" | ¥cn, oc"yg"dcctocp,p"{ctcw, , "fw{iwnct,"khcf"<br>gfgt0"   | Cmcfgo km"        | Cmcfgo km"Cpnc{, "<br>yg"Uqtwonwnwm" | "   |



"

|     |    |   |                    |                                      |   |
|-----|----|---|--------------------|--------------------------------------|---|
| 25. | 3" | Mk kugn"dc , o u,  n, ,pc"mcvm,"uc nc{cp"fextcp, nct," hctm"fgft0"                      | Uqu{cn"Fw{ i wucn" | Dgpnkm"Hctm,pfcn, ,"                 | "   |
| 26. | 3" | Mk kugn"i Åxgpnk k"±kp"mk kugn"cnepnct,p" igtgmknk kpg"kpcp,t0"                         | Uqu{cn"Fw{ i wucn" | Mk kugn" I Åxgpnk kpk" Uc nc oc"     | "   |
| 27. | 3" | I gtgmvk kpfg"õ J c { ,t#ö"fgt0"  | Uqu{cn"Fw{ i wucn" | Mk kugn" I Åxgpnk kpk" Uc nc oc"     | "   |
| 28. | 3" | Ogtcm"gvvk k"o gungmngtg"knk mkp"fw{ i w"yg" fÅ Åpegngtkpk"khcfg"fgft0"                 | Mctk{gt"           | Mctk{gt" Hctm,pfcn, ,"               | "   |
| 29. | 3" | Ogtcm"gvvk k"o gungmngtg"knk mkp"gf kpfk k"dkni kngtk" rc{nc ,t0"                       | Mctk{gt"           | Mctk{gt" Hctm,pfcn, ,"               | "   |
| 30. | 3" | Dc menct,p,p" {c cf, ,"fw{ i wnct,"hctm"fgft0"  | Uqu{cn"Fw{ i wucn" | Fw{ i wnct,"Cpnc oc" xg" [ ¼pgv o g" | "   |
| 31. | 3" | \ c o cp,p,."kjk{k±nct,"xg"uqtw o nwnwmnct," ±gt±gxgukpfg"rncpnct0"                     | Cmcfgo km"         | G kvugn"Rncpncc" xg" Dc ct,"         | "   |
| 32. | 3" | J gt"dktg {kp"¾  gn"qnfw wpw"hctm"fgft0"  | Uqu{cn"Fw{ i wucn" | Dgpnkm"Hctm,pfcn, ,"                 | "   |
| 33. | 3" | I twr"±cn, o cnct,pfc"hctm,"tqngt"Åuvngpkt0"<br>"                                       | Uqu{cn"Fw{ i wucn" | Mk kngt"Ctcu," Dgegtkngt"            | "   |
| 34. | 3" | I twr"±cn, o cnct,pfc"nkfgtnkm"dgegtkngt"i ¾uvgtkt0"                                    | Uqu{cn"Fw{ i wucn" | Mk kngt"Ctcu," Dgegtkngt"            | "   |
| 35. | 3" | Qnc cp"f, ,"fwtw o nctfc"pcu,n"jctgmvg"gv o guk" igtgmvk kpk"¾tpgmngtng" c±,mnct0"<br>" | Uqu{cn"Fw{ i wucn" | Mk kugn" I Åxgpnk kpk" Uc nc oc"     | [ q wp"fw{ i wnct,p, "{¾pgvgtgm"pcu,n" {ctf,o "cncec ,p,"dkn o guk."{¾pgtig" vcmkdkpg"qfcmncp,n,t0" |

"

|     |    |  |                 |   |   |
|-----|----|--|-----------------|---|---|
| 36. | 3" | U,p,h"tgjdgtnkm"rtqitco,"<br>gvmkpnkmngtkpgl{c cpv,nct,pc"knk mkp"fw{ iw"yg"<br>fÃ Åpegngtkpk"{cpu,v,t0" | " VÃo "Cncpact" |   | [cpu,voc<"FÃ ÃpÃr"vc ,poc."<br>fgtkpng o gukpg"fÃ Åpog."vghgmmÃt."<br>hkmkt"Ãtgv o g"yg" o Ãvnccef,t0"<br>.. tgpekngtkp"uÃtgek"yg"mgpfkngtkpk"<br>fg gtnp fkt o gngtkpg"qfcmncp,n,t0" |
|     | 36 | "  | "               | " | "   |

**4.SINIF**  
**SINIF REHBERLİK**  
**PROGRAMI KAZANIMLARI**

## 4.SINIF

| GELİM ALANLARI         | YETERLİKLER                    | KAZANIM SAYISI | LENECEK HAFTA SAYISI |
|------------------------|--------------------------------|----------------|----------------------|
| Akademik Geliim        | Okula ve Okulun Çevresine Uyum | 3              | 3                    |
|                        | Eğitsel Planlama ve Baarı      | 3              | 3                    |
|                        | Akademik Anlayı ve Sorumluluk  | 2              | 2                    |
| Kariyer Geliimi        | Kariyer Farkındalı 1           | 4              | 5                    |
|                        | Kariyer Hazırlı 1              | 1              | 2                    |
|                        | Kariyer Planlama               | -              | -                    |
| Sosyal Duygusal Geliim | Kişisel Güvenli ini Sa lama    | 6              | 6                    |
|                        | Benlik Farkındalı 1            | 4              | 4                    |
|                        | Kişiler Arası Beceriler        | 4              | 5                    |
|                        | Duyguları Anlama ve Yönetme    | 2              | 2                    |
|                        | Karar Verme                    | 2              | 3                    |
| Tüm Alanlar            |                                | 1              | 1                    |
| TOPLAM                 |                                | 32             | 36                   |

4.SINIF

| İeni Sırası | Hafta Sayısı | KAZANIMLAR   | Geli im Alanı      | Yeterlik                           | Açıklama   |
|-------------|--------------|--|--------------------|------------------------------------|--|
| 1.          | 3"           | Qmwn"xg"±gxtgukpfg"tkum"qnw vwtcdkngedm"fwto "xg"qtvc onctc"mct , "mgpfkpk"mqtwt0" | Cmcfgo km"         | Qmwnc"xg"Qmwnwp" ¥gxtgukpg"W{wo "  | ¥cn, cp"Uc n, , "xg" " IÃxgpnk k"Mwtwnwpwp" vcp, oncf, , "tkumngt"knq"qmwnfc"xg"±gxtgukpfg" ±qewmnet,p" {c c onct,p, "vgj fkv"gfgp"tkumnk" fwtwo "*fwxctc"v, to cpoc." iÃxgpnk"qnoc {cp" i, fcnet, "cnoc"xd0+"xg"qtvc onct"*±c {"qec ,." mcpvkp"±k."dqftwo "menvct."kpygtpgv"mchngt." i¾ngvngt."c±,m"±wmwtct"xd0+"Ã  gtkpfq" fwtwnwt0" |
| 2.          | 3"           | Mk kugn" iÃxgpnk k"±k"p"htmn, {c co "cncpct,pfc" i gtgmnk"vgfdktngtk"cn,t0"        | Uqu{cn" Fw{ iwucn" | Mk kugn" IÃxgpnk kpk" Uc ncoc"     | "  |
| 3.          | 3"           | \ c o cp,p, "gvmknk"mwncp o cp,p"cmcfgo km" i gnk k o kpg"gvnkukpk" c±, mnet0"     | Cmcfgo km"         | G kvugn" Rncpnc oc" xg" Dc ct,"    | "  |
| 4.          | 3"           | Jgt"fw{ iwppw" jkuugfkngdknkt"qnfw wpw"htcm"gfgt0"                                 | Uqu{cn" Fw{ iwucn" | Fw{ iwnc, "Cpnc oc" xg" [¾pgv o g" | "  |
| 5.          | 3"           | Jgt"fw{ iw{w" jkuugv o gpkp"fq cn"qnfw wpw"htcm" gfgt0"                            | Uqu{cn" Fw{ iwucn" | Fw{ iwnc, "Cpnc oc" xg" [¾pgv o g" | "  |
| 6.          | 3"           | Ucpcvucn"xg"urqtvk"gvnkpnkmngtfg" dc ctedknfkmngtkpk" c{, tv"gfgt0"                | Mctk{gt"           | Mctk{gt" Hctm,pfcn, , "            | "  |
| 7.          | 3"           | Cmtep"dcum, u, {nc"dc "gv o gfg" w{ iwpp" {qncct, "mwncp, t0"                      | Uqu{cn" Fw{ iwucn" | Mk kugn" IÃxgpnk kpk" Uc ncoc"     | "  |

"

|     |    |   |                     |  |  |
|-----|----|---|---------------------|--|--|
|     |    | "   |                     |  |  |
| 8.  | 3" | Mgpfkukpkp <sup>3/4</sup>  gn"qnf w wpw"htm"fgft0"  | Uqu{cn"Fw{ i wucn"  | Dgpnkm"Hctm,pfcn, ,""                  | "  |
| 9.  |    | Cfkn"qn o c{, "iÃ±ngpfkt o gm"k±kp"õjcm"<br>ucxwpwewn wö"{crct0"  | Uqu{cn"Fw{ i wucn"" | Mk kngt"Ctcu,"<br>Dgegtkngt"           | Dw"mc cp, o fc"jcm"ucxwpwewn w"{crctmgp"<br>w{ i wp"qncp"xg"qn o c{cp}{qnnctc"knk mkp"<br>htm,pfcn,m"mc cpf,t,ncecmv,t0"<br>30" J chvc<" J cm"ucxwpwewn w"mcxto, "<br>Ã gkpfpg"fwtnwt0"<br>40" J chvc<" J cm"ucxwpwewn wpwp"fcxtp, c"<br>f <sup>3/4</sup> pÃm"w{ i wnc o cnet,"k±kp"vg xkm"gfknkt0"" |
| 10. | 4" | "   |                     |  |  |
| 11. | 3" | Dknk k o "vgmpqnlkngtk"mwncp, o ,pfc"mgpfkpk"<br>{ <sup>3/4</sup> pgvkt0"   | Uqu{cn"Fw{ i wucn"  | Mk kugn" I Ãxgpnk kpk"<br>Uc nc o c"   | "  |
| 12. | 3" | Cmcfgo km"uqtw o nwnwmnct, "gtvgng o gpkp"<br>uqpw±nct,p,"htm"fgft0"  | Cmcfgo km"          | Cmcfgo km"Cpnc{, "<br>xg"Uqtw o nwnwm" | "  |
| 13. | 3" | Dkt"fcxtp, "ugt i kng o gfgp" <sup>3/4</sup> peg" o gxewv"<br>ug±gpgmngtk"i <sup>3/4</sup>   <sup>3/4</sup> pÃpfg"dwnwpfwwt0" | Uqu{cn"Fw{ i wucn"  | Mctct"Xgto g"                          | "  |
| 14. | 4" | Jq ncpf, , "gvmkpnkmngtng" o gungmngtkp <sup>3/4</sup>  gnkmngtkpk"   | Mctk{gt""           | Mctk{gt"<br>Hctm,pfcn, , "             | "  |
| 15. |    | knk mknngpfkkt0"  |                     |  |  |
| 16. | 3" | Vqrnw o ucn"tqn"xg"uqtw o nwnwmnct,p" <sup>3/4</sup> pg o kpk"<br>ucxwpwt0"   | Uqu{cn"Fw{ i wucn"" | Dgpnkm"Hctm,pfcn, ,""                  | "  |
| 17. | 3" | Cmcfgo km"±cn, o cnet,p, "  c o cp,pfc"dkvkt o gfg"<br>mctctn,"qnt0""   | Cmcfgo km""         | Cmcfgo km"Cpnc{, "<br>xg"Uqtw o nwnwm" | "  |
| 18. | 3" | Dc ct,n,"qnf w w"fwto nct"k±kp"mgpfkpk"vcmfkt"<br>gfgt0""   | Uqu{cn"Fw{ i wucn"" | Dgpnkm"Hctm,pfcn, ,""                  | "  |
| 19. | 3" | Mgpfk <sup>3/4</sup> tgp o g"uvknngtkpk"htm,pc"xct,t0""   | Cmcfgo km""         | G kvugn"Rncpnc o c"xg"<br>Dc ct, ""    | I <sup>3/4</sup> tugn."k kvugn."fqmwpuen <sup>3/4</sup> tgp o g"uvknngtk"<br>Ã gkpfpg"fwtnwt0""  |
| 20. | 3" | Cmcfgo km"±cn, o cnet,pfc"mgpfkpg"w{ i wp"  | Cmcfgo km""         | G kvugn"Rncpnc o c"xg"                 | "  |

"

|     |    |  |                   |                                      |   |
|-----|----|--|-------------------|--------------------------------------|---|
|     |    | $\frac{3}{4}$ tgp o g"uvknngtkpk"mwncp,t0"   |                   | Dc ct,"                              |   |
| 21. | 3" | ngvk k o"uÄtgekpfg"kvkmgtpk"mgpfk"mgno gngtk{ng"<br>khc f g" g f g t 0"<br>"                               | Uqu{cn"Fw{i wucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"         | "   |
| 22. | 3" | Ctmcfc n,m"knk mknngtkpk"jc{cv,p,p"hctm,"cncpnt,pc"<br>mcvm,nct,p,"hctm" g f g t 0"<br>"                   | Uqu{cn"Fw{i wucn" | Mk kngt"Ctcu,"<br>Dgegtkngt"         | "   |
| 23. | 3" | ¥cn, oc" xg"Ätgv o gpkp"kpucp" {c co,pfcmk"<br>$\frac{3}{4}$ pg o kpk" hctm" g f g t 0"                    | Mctk{gt"          | Mctk{gt"<br>Hctm,pfcn, ,"            | Uq o wv"ÄtÄp"qtvc{c"mq{oc" xg"Ätgv o g{g"<br>xwtiw" {cr,n,t0" |
| 24. | 3" | "Dkt" o gungm"ucjkdq"no cp,p"mgpfkuk" xg"vqrnw o "<br>k±k $\frac{3}{4}$ pg o kpk" hctm" g f g t 0"         | Mctk{gt"          | Mctk{gt"<br>Hctm,pfcn, ,"            | "   |
| 25. | 4" | Mctct"xgt o g"uÄtgekp"gvmkng{gp"hcmv $\frac{3}{4}$ tngtk" c±,mnc t 0"                                      | Uqu{cn"Fw{i wucn" | Mctct"Xgt o g"                       | "   |
| 26. |    |  |                   |                                      |   |
| 27. | 4" | M,uc" xg" w   wp"xcfgnk"mctk{gt" c o c±nct,"qnw vwtwt0"  | Mctk{gt"          | Mctk{gt" Jc ,tn, ,"                  | "   |
| 28. |    |  |                   |                                      |   |
| 29. | 3" | Mk kugn"jcmnct,p"mqtwpo cu,"xg"mk kugn"iÄxgpnk kp"<br>uc ncp o cu,"k±k $\frac{3}{4}$ pgtigngtk" k   ngt 0" | Uqu{cn"Fw{i wucn" | Mk kugn" I Äxgpnk kpk"<br>Uc nc o c" | "   |
| 30. | 3" | DÄ{Ä o g" xg"ignk ogpkp" {c co,p"fq cn" dkt" rct±cu,"<br>qnfw wpw" hctm" g f g t 0"                        | Uqu{cn"Fw{i wucn" | Dgpnm"Hctm,pfcn, ,"                  | "   |
| 31. | 3" | {knkm"j-nkpk"fguvmgng{gp"fcxtp, nct" c±,u,pfcp"<br>mgpfkpk"fg gtnp fktkt0"<br>"                            | Uqu{cn"Fw{i wucn" | Mk kugn" I Äxgpnk kpk"<br>Uc nc o c" | "   |
| 32. | 3" | Dknik"mc{pemnct,p,p"iÄxgpknktnk kpk"uqtiwnct0"<br>"  | Uqu{cn"Fw{i wucn" | Mk kugn" I Äxgpnk kpk"<br>Uc nc o c" | "   |
| 33. | 3" | Dktnkmyg"±cn, ctem"Ätgv o gpkp"vqrnw o c"mcvm,fc"  | Uqu{cn"Fw{i wucn" | Mk kngt"Ctcu,"                       | Dkt"i twr" k±kpf g"±cn, ctem"Ätgv o g{g"                      |

"

|     |    | dwnpcec ,p,"hctm"fgt0"   |            | Dgegtkngt"                           | qfcmncp,n,t0"   |
|-----|----|--|------------|--------------------------------------|---|
| 34. | 3" | Dkt"Äuv"¼ tgvk o "mwtw o wpc"knk mkp"¼p"dkn i kngt"<br>gfkpkt0"  | Cmcfgo km" | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W{wo " | "   |
| 35. | 3" | Dkt"Äuv"¼ tgvk o "mwtw o wpc"i g±k "uÄtgekpg" {¼pgnkm"<br>fw{iw"xg"fÄ Äpegngtkpk"khc fg"fgt0"            | Cmcfgo km" | Qmwnc"xg"Qmwnwp"<br>¥gxtgukpg"W{wo " | "   |
| 36. | 3" | U,p,h"tgjdgtnkm"rtqitco,"<br>gvmkpnkmngtkpgl{c cpv,nct,pc"knk mkp"fw{iw"xg"<br>fÄ Äpegngtkpk" {cpu,v,t0" | "          | VÄo "Cncpnct"                        | [cpu,voc<"FÄ ÄpÄr"vc ,poc."fgtkpng o gukpg"<br>fÄ Äpog."vghgmmÄt."hkmkt"Ätgvog"xg"<br>o Ävcncf,t0"<br>.. tgpekngtkp"uÄtgek"xg"mgpfkngtkpk"<br>fg gtnp fkt o gngtkpg"qfcmncp,n,t0" |
|     | 36 |  |            |                                      |   |

"